

# Spring Menu



## STARTERS

**Crab Fingers** **\$12**  
Breaded blue crab claws served with key lime old bay aioli

**Pretzel Sticks** **\$9**  
Cheddar ale sauce and spicy brown mustard

**Chicken Tenders** **\$10**  
Breaded Chicken choice of dipping sauce

**Wings** **\$12**  
Ten jumbo cut wings choice of hot, BBQ, Mild, or Thai chili. Celery, blue cheese or ranch.

**Cheese Quesadilla** **\$10**  
Pepper jack crispy jalapeno tortilla.  
Add Chicken \$2

**Tostada** **\$12**  
Corn tortilla, fresh avocado, corn, black beans, pico de gallo and avocado ranch with choice of blackened tuna\*, chicken or salmon

## SOUP & SALAD

**Soup Du Jour** **cup \$4 | bowl \$6.5**

**Chili Crock** **\$8**  
House made chili con carne with cheddar and tortilla chips

**French Onion** **\$7.5**  
House made with caramelized onions, croutons and provolone gratin

**House or Caesar Salad** **\$8.5**  
Add Chicken \$2  
Add Salmon, Tuna\* or Shrimp \$4

**Cobb Salad** **\$13**  
Grilled chicken, ham, avocado, bacon, egg, tomatoes and bleu cheese crumbles  
*Substitute Shrimp, Tuna\* or Salmon for \$3*

**Mediterranean Salad** **\$11**  
Mixed greens, kalamata olive, roasted tomatoes, pepperoncini, cucumbers, and red onion.  
*Add Chicken \$2*  
*Add Salmon, Tuna\*, Shrimp for \$4*

**Sante Fe Salad** **\$12**  
Mixed greens, blackened chicken, corn, avocado, black beans and queso fresca with tortilla strips  
*Substitute Salmon, Tuna\* or Shrimp for \$4*



# SANDWICHES

All Sandwiches come with your choice of one side item.

**Complimentary Side Items:** French Fries, house chips, fresh fruit, grilled vegetables, coleslaw, house or Caesar salad.

**Signature Sides:** Sweet potato fries, onion rings, soup du jour and French onion soup for an additional \$1.50

## Forest Wrap

**\$11.5**

Grilled or blackened chicken on flour or jalapeno tortilla with mixed greens, tomatoes, shredded pepper jack cheese and avocado ranch.

## BYO Eagle

**\$11**

Grilled steak-burger\* or chicken breast lettuce, tomato, onion and choice of cheese on a toasted Kaiser roll.

*Add ons: bacon, chili, egg, mushrooms, grilled onions, jalapenos or avocado \$.50 each*

## Blackened Fish Sandwich

**\$13**

Grilled or blackened Salmon or Tuna\* on a toasted kaiser roll with lettuce, tomato and key lime old bay aioli

## The Godfather

**\$13**

Grilled Prime Rib steak smothered in peppers and onions, provolone cheese and horseradish on a toasted hoagie.

## Half and Half

**\$8**

Create your own combo by selecting two of the following:

Soup, house salad, Caesar salad, fruit, or half deli sandwich. Add French onion soup for 1.5

## Deli Sandwich

**\$9**

Choice of chicken salad, tuna salad, turkey, pastrami, or ham on choice of bread.

## Pastrami Rueben

**\$12**

Sliced pastrami, sauerkraut, swiss cheese and thousand islands dressing on grilled rye bread.

## BLT

**\$10**

Thick cut apple-wood smoked bacon leaf lettuce, tomatoes and mayonnaise on choice of bread.

# HOUSE SPECIALTIES

## Pork Porterhouse

**\$17**

12 oz Char-grilled pork porterhouse topped with roasted mushrooms and caramelized onions served with baby bakers and vegetable du jour.

## Baja Grouper

**\$19.5**

Fresh grilled grouper filet topped with fresh pico de gallo, avocado and lime over riced vegetable confetti.

## Cast Iron Steak\*

**\$19**

NY Strip steak medallion seared in a cast iron pan and topped with roasted mushrooms and served with baby bakers and vegetable du jour.

## Chicken Primavera

**\$15**

Grilled boneless chicken breast topped with roasted vegetables and mushrooms served over riced vegetable confetti.



THE FOREST  
AT CAPE FEAR NATIONAL